

## **Armchair Adventures: A Join-in Story Podcast For Kids**

### **A Super Sustainable Fashion Adventure!**

Connie: Welcome to the Armchair Adventures Travel Agency, journeys of the imagination. I'm Head Travel Agent and Host, Connie!

*Music: Armchair Adventure's theme*

Connie: Morning, Good afternoon, or nos da wherever you're listening from adventurers! The voices of this episode's special guest Adventurers are...

*Adventurers say their names*

Connie: Hi Everyone!

Adventurers: Hi Connie!

Connie: You too can star in an episode of Armchair Adventures as one of our special guest adventurers. All you need to do is ask your grown up if you can join the Armchair Adventures fanclub on patreon. For more info, simply head to the Armchair Adventures website, that's www dot armchair dash adventures dot co dot uk, and click on the Adventurer fan club page!

### **Scene 1**

*Music: Short Armchair Adventure's theme underscoring to transition*

Connie: Hello Adventurers! I hope you're as excited for a journey of the imagination as I am! It's time to find out which one of my lovely customers is taking us on an adventure this week...drum roll please...

*SFX drum roll*

It's Pat!

*SFX Fanfare*

Hello Pat!

Pat: Hi Connie, how are you doing?

Connie: Great thanks, what have you been up to?

Pat: Well, I'm just going through my wardrobe ready for summer. I'm so glad the sunshine is returning!

Connie: Me too! You always look so glam Pat, I'm sure your summer clothes are really cool.

Pat: Thanks, Connie, Well, there is a lot of stuff I don't wear anymore to be honest...So I thought why not donate it to charity so someone else can enjoy it.

Connie: Speaking of donations...I'm trying to get a dress for my prom at school tomorrow, and my mum wants me to wear hers from the 80's...can you imagine it!

Pat: That's a great idea. It's good to reuse things.

Connie: Yeah...but this dress...it's just not my style.

There is something I really like on this fashion website though. It's so quick, it will come tomorrow if I order it today. It's exactly mine and my friends' style and even better it's cheap!

I'd better set up the alerts to remind me, so I don't forget to buy it in time...

### *SFX Notification tone on phone*

Pat: Fast and cheap isn't always the best way...

Connie: What do you mean Pat?

Pat: Well, your Uncle Chris has a really cool fashion designer friend in London called Amy, who is trying to change fashion, so it's better for the planet.

I'd love to go on an Armchair adventure to her super sustainable fashion studio.

Connie: Sounds good to me Pat! Let's get all my customers on a group telephone chat, because with an Armchair Adventure, adventurers, we can go anywhere we like from the comfort of where we are right now, so they're perfect for everyone, no matter what age you are. Start. Call. Now...Hi everyone.

### *Customers all say hello.*

Connie: Pat's interested in knowing more about sustainable fashion.

Pauline: What a great idea, I love fashion.

Steve: Me too Pauline.

Jan: And I'd love to know how I can help the planet whilst still looking good!

Cyril: I'm not sure what my clothes are made of to be honest.

Anne: I know what you mean, the labels can be a bit confusing...

Connie: Well fear not gang, because we are going to meet a really cool fashion designer called Amy on an Armchair Adventure to her super sustainable fashion studio!

*Customers react – they can't wait, it sounds exciting etc.*

Connie: A journey of the imagination here we come!

*Music: Armchair Adventures theme*

## **Scene 2**

*SFX Design studio atmosphere, sewing machines, cloth cutting, drawing sounds etc.*

Connie: Wow! It's so cool in here, look at all the sketches of amazing clothes on the walls.

Keith: There are dresses that change design when you wear them.

Pauline: Fancy machines that snip and cut the fabric.

John: The designs drawn on computers are coming to life on the screen.

Anne: A wall full of dress styles through the ages!

Cyril: Lots of plants and greenery everywhere.

Lily: And pictures of nature.

Connie: What can you see and hear in the Super sustainable design studio adventurers?

*SFX Ding*

Adventurer: There's robots spinning cloth

Adventurer: People making cool designs

Adventurer: Lots of beautiful fabric

Adventurer: There's loads of fancy dresses

Adventurer: A mannequin catwalk!

Pat: And There's Amy, drawing some designs.

Amy: Hello everyone, I'm Amy and welcome to my studio.

*Customers say hello to Amy.*

Pat: I love your studio, Amy. There are lots of lovely fabrics, and it's so green in here too!

Amy: Thanks Pat! I have a life centred approach to designing. This means I consider the planet and how we look after it when making our clothes, because all of the fabrics people wear come from nature.

It's important to think about the environment, and how we protect it.

Ada: How does making clothes effect the environment, Amy?

Amy: Well because everyone wants the latest clothes and quickly, people don't always look after the planet when they make them.

And earth isn't just our home, we share it with millions of plants and animals.

*Customers all agree: I've never thought about it like that etc.*

Keith: So, everything we wear comes from nature?

Amy: That's right! Take a look in my work wardrobe here...

*SFX wardrobe opening.*

Amy: This coat is made from wool, so that means the sheep gave us their fleece to make it!

*SFX sheep bleating.*

Amy: This dress is a cotton plant.

*SFX growing sounds*

Amy: And these plants are made from trees!

*SFX trees*

Amy: If only there was a way to show you where they come from...

Pat: Well, why don't we do just that!

Amy: How do you mean?

Connie: On an Armchair Adventure we can do anything we like! This wardrobe can be a rocket ship that takes us where we want to go!

Pat: All we have to do is touch this wool coat and we're off!

Amy: So, if we hold onto the clothes inside, we can travel to where this is made?

Lily: That's right.

Amy: Wow that's so cool! Squeeze in everyone.

*The customers squeezing in*

Ronnie: Shove up!  
Jean: Ooh there's not much room here.  
Lily: Mind your elbows, you!  
Keith: Room for a little 'un?  
John O'G: Hey, watch my toes!  
Amy: You too adventurers!

*SFX Ding*

Adventurer: Don't squash me.  
Adventurer: Sorry!  
Adventurer: I hope nobody farts...  
Pat: Now Grab on to this coat- let's find out all about wool!

*SFX notification sound about Connie's dress*

Connie: Hang on, I just need to check on my dress!  
Steve: Never mind that, Connie we are about to blast off!  
Cyril: Strap in for take off, here we goooooo!

*SFX Rocket wardrobe blasting off*

Amy: It's going so fast!  
Anne: Everything's a blur  
John: We will be there in no time.  
Ada: You too adventurers! Pretend to rocket wardrobe travel with us!

*SFX Ding*

Adventurer: Wheeeeeee!  
Adventurer: I didn't know wardrobes could fly  
Adventurer: I hope the doors don't come off  
Adventurer: This is amazing!  
Adventurer: Aaaaargh!

### **Scene 3**

*SFX Outdoor atmosphere sheep bleating in distance, sun shining etc.*

Amy: We've arrived at the wool farm.

Jan: It's beautiful here, breath taking views.

John: The green rolling hills.

Pauline: Sheep as far as the eye can see.

Cyril: Lovely fresh air, breathe in everyone

*Customers breathe in*

John: And who is that waving to us over there?

*Customers all waving back*

Amy: That's the farmer.

*Customers all shout to the farmer*

Amy: He really looks after his sheep so they can give us their fleece every year.

Steve: Definitely, there is lots of lovely grass to munch on

Keith: And plenty of outdoor space to play in.

Amy: And what's that over here? It looks like a sheep pamper palace!

Jan: Why not give the sheep some pamper and beauty treatments.

Cyril: To keep their fleece in top condition...

Pauline: The baar baar shop! Get it? Like a barbers...

*Customers all laughing at Paulines joke.*

Amy: How fun, there is even a colour jacuzzi that dyes their fleece...

*SFX Jacuzzi*

Keith: I'm having a go on that! Geronimo!

*SFX run up and big splash*

Keith: Come on in, the water's lovely.

Anne: Keith you've gone completely rainbow coloured...

Steve: Very cool! Let's find out what colour we go in the sheep jacuzzi adventurers... yipppeeee!

*SFX Ding*

Adventurer: I'm blue like a blueberry!

Adventurer: Oh wow, I've gone purple

Adventurer: Glittery gold sparkles over here

Adventurer: I am bright red

Adventurer: Hey, I'm green like the grass!

Pauline: Oooh there's a hoof painting station here, red glitter my favourite. Can you do my nails?

*SFX Nail painting*

Anne: There's some sheep having a cut and blow dry here, let's get a new hair style.

Connie: Ha! Great idea Anne new hair for prom...

*SFX hair dryer*

*SFX- Connies dress notification*

Connie: Hold on...Oh no I only have 2 hours to order my prom dress, or it won't arrive in time...

Pat: Don't worry about that Connie, look, this sheep is knitting its own fleece!

*SFX knitting needles clacking*

Connie: Wow no way!

Ada: So, all our wool clothes start out here at the sheep farm Amy?

Amy: That's right, and I'm glad to see them getting looked after so well!

Cyril: Me too, I can't wait to learn where all the other materials come from.

Connie: Then let's get back in the wardrobe rocket everyone!

*Customers say goodbye to the sheep.*

Amy: Where to Pat?

Pat: It's time to find out about cotton. Grab hold of this dress gang.

Connie: Cotton farm here we come!

*SFX Blast off.*

*Customers blasting off.*

*\*Promo swap\**

Connie: While we blast off in the wardrobe, Let's pause our journey of the imagination. There's something I'd like you to listen to. It's another podcast I think you'd enjoy...

*Advert plays*

Connie: Welcome back adventurers. We've just arrived at the cotton farm...

*\*Promo swap ends\**

**Scene 4**

*SFX Outdoor atmosphere a gentle breeze people humming as they pick the cotton etc. tranquil.*

Amy: What an amazing farm, look how big all the cotton has grown.

Cyril: So strong and white

Jan: Huge balls of Cotton like clouds in the sky

Connie: Everything is white even the buildings look like they are made of Cotton, how have they managed that here Amy?

Amy: To grow brilliant cotton crops every year you have to look after the soil it's grown in.

Ada: How do we do that?

Amy: Well cotton takes a lot of the good stuff out of the ground. So, after planting a crop of cotton, you have to grow something else in that field next time.

Pat: Oh, so rotating what you grow lets the soil recover

Amy: Exactly, they must be really good at this here...

*SFX floating sound*

Pauline: From up here I can see they are planting flowers in the next field, to help do that Amy.

Pat: How did you get up there Pauline!?

Pauline: The cotton is so light I grabbed on to a big piece and up I went! Yippee!



Steve: I've got an idea. Let's grab a cotton cloud and help them plant some seeds from above.

Connie: Come on Amy grab on to this cloud of cotton with me.

*Customers grabbing cotton clouds.*

*SFX grabbing of cotton and floating off*

Anne: Right, let's rain down flower seeds everyone!

*Customers throwing seeds from up high and having fun*

Anne: You too adventurers.

*SFX Ding*

Adventurer: Here you go soil!

Adventurer: Enjoy the nutrients

Adventurer: Woohoo!

Adventurer: This is so much fun

Connie: Great job everyone! We'd better float down now because it looks like it's going to rain and we don't want to be up here when it does.

*Customers agreeing and floating down.*

*SFX Connie's dress notification*

Amy: That's lucky, the rainwater will really help these flowers grow.

*SFX Connie's dress notification*

Connie: Oh no, I've only got an hour left to order...

Amy: What's that Connie?

Connie: I just got a reminder to order my dress for the prom tomorrow, if I don't order it soon it won't come in time...

Amy: Can I ask what it's made of Connie?

Connie: It says polyester and nylon. To be honest I don't really understand what that stuff is or what it's made from...

*Customers all agree.*

Amy: Then I think we should make that our next location. Connie, there's some very important things to find out about that.

Connie: Ok Amy, back in the wardrobe, everyone

*Customers getting back inside.*

Pat: Press on the picture of your dress, Connie, and let's see where it takes us...

Connie: Here we gooooooo!

*SFX Blast off.*

## **Scene 5**

*SFX cave like atmosphere, dripping sounds an eerie feeling.*

Cyril: It's a bit dark and spooky in here...

Keith: Are we underground?

Connie: Are those dinosaur bones?

Anne: There's lots and lots of lines of squished rocks...

Amy: You're right, we are deep, deep underground. Those dress materials you mentioned are made from oil.

Keith: I don't mean to alarm anyone, but speaking of oil...

*SFX seeping creepy oil sounds.*

John: There's loads of it moving around our feet...

Jan: And seeping out of the walls around us...

Connie: Like hands trying to grab us...

Keith: I'm a bit scared...

Oil: LEEEEEEAVVVVEEE MEEEE ALOOONEEE

*Customers scared reactions*

Cyril: Eeek! Who said that!

*SFX big bubbling oil sounds growing as the Oil monster appears.*

Oil: ME! THE OIL MONSTER! RAAAAGHHH! YOU CAN'T HAVE MY HOME!

Connie: Argh it's huge, let's get out of here before it eats us!

*Customers terrified agreements...*

Pat: You don't have to tell me twice!

Pauline: Oh I'm scared!

Keith: Run for it, everyone!

Connie: You too adventurers!

*SFX Ding*

Adventurer: Aaargh!

Adventurer: You're massive

Adventurer: Run! I don't like monsters

Adventurer: It's too slippery to run away

Adventurer: There's no escape

*SFX running customers and bubbling oil.*

Pauline: Keep going!

John: Quick it's almost got us...

Cyril: Its oily hands are grabbing at my shoes...

Lily: Help it's got me...

Steve: Me too!

Keith: Get off me!

*Customers all getting caught and screaming.*

Amy: Oil! Stop it's me! Your friend Amy!

Oil: Amy?! Why didn't you say?

Pauline: You're friends with the Oil monster?!

*Customers disbelief that they are friends.*

Keith: (still carrying on) ARRRRGHHHH HELP! It's going to eat me waahhh

Anne: Keith! You can stop now, he's friendly!

Keith: Phew...I couldn't keep running much longer...

Oil: Who are all these people you are with?

Amy: I've brought some friends to learn about where fabrics come from and how some are made of oil...

Oil: In that case my apologies...any friend of Amy is a friend of mine. I don't normally get friendly visitors...

*Customers are relieved and say hello.*

Steve: He really is friendly!

Anne: He's quite slick

Jan: So, how are clothes made from you, Mr Oil monster?

Oil: Please call me oil! It's short for Oily.

Well, we need to start with how oil is made. Over millions of years when animals and plants were buried at the bottom of the ocean, the heat and the pressure made them into oil.

Pat: So that's why they are called fossil fuels!

Oil: Exactly!

Amy: Once the oil is taken, we then use other chemicals to turn it into a type of plastic that's made into fabric.

But unlike cotton and wool we can't put the oil back once we take it.

Connie: So, this is where the prom dress I want comes from...?

Amy: It is Connie, and the fabric is really hard to recycle, when you don't want it anymore.

Steve: So, it's better to look after the environment and be mindful of what we take from nature to make our clothes, rather than digging up fossil fuels?

Amy: Absolutely and speaking of millions of years...it's actually somebody's birthday today...

Oil: Amy you remembered!

Amy: Of course.

Connie: How old are you Oily?

Oil: Only 256 million, but I don't normally celebrate down here on my own, the fossils aren't very lively...

### *SFX Rattling bones*

Connie: Well, we can't let you turn 256 million without a Birthday bash. Come on gang let's use our imaginations to throw Oily a party, Armchair Adventures style!

Ann: Oh I love a party.

Jan: If anybody knows how to throw a party, it's us!

*Customers up for it! And record general party making hustle and bustle.*

Keith: I'll take care of the music...

### *SFX Party music coming on.*

Pauline: I'm on decorations...

Steve: Me and Ada will sort the cake.

Ada: But there won't be 256 million candles I'm afraid...

Oil: Wow thanks everyone this is going to be the best birthday ever!

Connie: Join us next time for Oily's 256 millionth birthday party and see where our adventure takes us next!

*Music: Armchair Adventure's theme*

Gary: This episode was funded through the 'Energy Saving Trust Foundation's Youth Climate Action Fund'. With special thanks to Amy Powney.

**End of part 1**