Armchair Adventures: A Join-in Story Podcast For Kids

A Girl Power Scrapbook Adventure!

Part 2

Connie: Welcome to the Armchair Adventures Travel Agency, journeys of the imagination. I'm Head Travel Agent and Host, Connie!

Music: Armchair Adventures theme tune

Connie: Good morning, good evening or buenas noches, wherever you're listening from adventurers. The voices of this episode's special guest adventurers are...

Adventurers all say their names

Connie: Hi everyone!

Adventurers: Hi Connie!

Connie: You too can star in an episode of Armchair Adventures as one of our special guest adventurers. All you need to do is ask your grown up if you can join the Armchair Adventures fanclub on patreon. For more info, simply head to the Armchair Adventures website, that's www dot armchair dash adventures dot co dot uk, and click on the Adventurer fan club page!

> On an Armchair Adventure we can go anywhere we like from the comfort of where we are right now, so they're perfect for everyone, no matter what age you are. Restart. Call. Now.

Scene 6

SFX phone ringing

Connie: Last time we saw you adventurers we were meeting loads of cool women inside Ada's 'Girl Power scrapbook', because the Local mayor had asked me to sing a song at her upcoming 'inspirational local women' event this afternoon, but I needed a bit of help believing in myself.

> We met Ada Summers the first justice of the piece of Stalybridge, a small town in our local area.

SFX an extract of Ada Summers from part 1

Cyril: And Stacey Copeland the pro footballer and boxer.

SFX an extract of Stacey Copeland from part 1

- Pat: They came to life in their pictures and told us about their lives.
- Connie: Then we collected cool affirmations that Ada made up, inspired by the women in the scrapbook.
- Christine: These helped us to turn the pages...

SFX an extract of an affirmation from part 1

Connie: But we hadn't collected enough of Ada's affirmations to help us escape the book before we got digitized!

SFX a larger scanning sound

Connie: My Uncle Chris offered to scan the scrapbook for the event, but he came early! While we were still inside it...

SFX recap from Uncle Chris entering the scanner shop from part 1

Pauline:	And now we're all getting scanned in too. Hold on to your pixels, waaahhhhh!
Keith:	Arrgh I'm going digital! I hope to see you on the other side!
Connie:	Oh no! The scanner has come for me, wish me look adventurers! I'm going digitaaaalllllllll.
Ada:	Pretend to be scanned into the computer with us too Adventurers!
SFX Ding	
Adventurer:	Wow I feel like a computer game!
Adventurer:	I can feel my body turning into pixels waaahhh!
Adventurer:	This is so cool! It' feels like I'm getting super powers
Adventurer:	IIII dh dh don't likeeee it!
Adventurer:	I think it got stuck on you! Haha

SFX the scan getting louder and then into some sci fi beeps and bloops as the gang are in the digital world!

Pauline:	Wow! It's actually pretty cool in here. I'm floating around in the
	digital world, yipppeee!
Lynda:	It's amazing, All the information from the scrapbook is whizzing
	around us.
Keith:	I don't believe it; all the old pictures have gone into full colour. Hi
	Mayor Summers.
Christine:	Your chain looks sparkling in colour.

Summers: Why thank you dear.

Linda: And it's not just the pictures look at us.

Cyril: We are looking fabulous.

Ada: Like we are ready for the cover of Vouge fashion magazine.

Kenny: Digital edition.

Pauline: What can you see in the digital world of the scrapbook Adventurers?

SFX Ding

- Adventurer: I can see loads of photographs of cool events!
- Adventurer: There's loads of affirmations whizzing by!
- Adventurer: You can reach out and touch them!

Adventurer: So cool!

- Connie: Wow gang, going digital isn't so bad after all. I've got a feeling it will make it even easier to meet the women in your scrapbook Ada.
- Ada: Me too Connie, all the inspiration you need is right at our fingertips.
- Anne: Uncle Chris has even added in links to other information about them.
- John OG: And each page is easily marked.

Kenny: With each of Ada's affirmations in clear bold text.

Pat: Cracking Job Uncle Chris!

Connie: Look gang it's so easy now we're digitized and inside the internet, you can swipe with your arm, and it brings up the next page like magic. Watch.

SFX swipe

SFX Laboratory sounds

Here is Joan Kelley a biologist from our local area! Why is she in your scrap book Ada?

- Ada: Well, biologists are scientists that study living things and she's worked in laboratories all over the world and invented technology to help us all. Really inspiring stuff.
- Lynda: She's waving at us, hello Joan.
- Connie: 'My brain is my superpower! No one can stand in my way'. That's a cool affirmation you wrote inspired by Joan Ada.
- Ada: Thanks Connie, I always loved science at school, and her story made me feel like knowledge was a superpower.
- Connie: Swipe to the next one Lily.

Lilly: Right you are.

SFX swipe

SFX Catwalk with cameras flashing!

Christine:	Wow, it's Vivian Westwood she was a fashion designer. That's
	someone who designs clothes.
Steve:	I didn't realise she was born around here.
Connie:	Why did you pick her Ada?
Ada:	Well, she was a rebel with her fashion and jewellery designs, and
	an excellent businesswoman. She even used her influence to
	support climate change charities, very cool indeed!
Linda:	She's pointing up at the affirmation that Ada has written on her
	page.
Connie:	'We're amazing people! Do amazing things!'.

Cyril: Absolutely, bagsy next swipe.

SFX swipe

SFX parliament

Connie:	Wow it's Angela Raynor! She's a local Member of Parliament and is currently the shadow deputy Prime Minister of the United Kingdom.
Cyril:	Wait she's a shadow?
Ada:	No Cyril, it means she does the job in the opposing party to the government.
Linda:	Like a council for our local area, the Government is a group of people who we choose through a vote to run the country for us.
Pat:	And the job of an opposing party is to challenge things they don't agree with them on
Lynda:	and I can see why you included her Ada.
Anne:	She left school without any qualifications
John OG:	But then through, self-belief and hard work
Steve:	She's become one of the most important people in the country.
Ada:	And what's even better, is we have someone challenging the Government who knows what it's like to be local person.
Connie:	I love the affirmation she inspired you to write too Ada! 'It's important to use my voice! I will be heard!'.
Linda:	Here, here!
Ada:	It's amazing seeing the book like this, so easy to meet everyone.
Connie:	Don't hold back gang get swiping.

SFX loads of swiping

Customers: Hello! Nice to meet you! Oooh What a lovely affirmation. (This should sound full and crowded!)

Promo swap

Connie: While we get swiping, Let's pause our journey of the imagination because there's something I'd like you to listen to. It's another podcast I think you'd enjoy...

Advert plays

Connie: Welcome back adventurers. Let's see how everyone got on...

Promo swap ends

Scene 7

Connie:	Who have you met gang?
Pat:	I met Julie Hesmondhalgh, she's an actress that lives locally.
Anne:	She used to be in Coronation Street and does loads of charity work in the area.
Linda:	We met Mary Elizabeth Barnes, a prominent person in the suffragette movement in Stalybridge.
Christine:	She campaigned for women's rights and helped people living in poverty.
Connie:	I've just met Dame Margaret becket the first female secretary of state.
Lynda:	I had a lovely chat with Beatrix Potter, she wrote some of her books in Stalybridge.

Connie: Oh, I loved her books growing up. Ada: So many amazing inspirational local women, the digital world really wasn't a bad thing after all. And I love all of Ada's affirmations, what new ones have you Connie: collected gang? 'Walk in my shoes, run in my wake' Steve: Keith: 'I am fearless – Infinitely brave!' 'Be proud of who you are' Linda: Pauline: 'Rise to it, you'll love it' Ada: Why don't you try making up your own affirmation Adventurers? SFX Ding Adventurer: Dream big dreams! Adventurer: There is no such thing as impossible! Adventurer: Girls can do anything! Adventurer: Be resilient and try, try again! Adventurer: We are all different but equal! Connie: I feel so empowered and inspired from meeting all these amazing women, I'm really starting to feel like I might have a song to sing after all. Customer: Good on ya Connie, Etc! Connie: But there's only one problem.... What's that Connie? John OG: Connie: We're stuck in the digital scrap book.

Customers: OH YEAH

SFX dun dun dun...

- Connie: I was so busy enjoying meeting these amazing women that I forgot all about that. The event must have started, what if I miss my opportunity to sing, not that I have any idea what I'm going to sing about!
- Ada: Our only hope now is if the Mayor, Cllr Sharif, manages to see us when Uncle Chris emails us to her computer.
- Pauline: I'm sure she will be able to help us escape, in time for you to sing Connie.
- Unc.Chris: Gosh, is that the time, I better get this scrapbook over to the Mayor.

SFX Uncle Chris Typing

- Connie: Speaking of which gang do you feel different all of a sudden?
- Keith: Now you mention it does feel like we're starting to move faster...

SFX email flying through cyber space

- Cyril: Hold on to your hats I think we're being emailed!
- Customers: Waaahhhhhhhhhhh I can't feel my face! My cheeks are flapping in the wind, argggghh!
- Connie: (as if getting blasted through cyber space against a strong wind) Pretend you are flying through cyber space on an email too Adventurers.

SFX Ding

Adventurer: Waaahhhhhhhh I feel sick!

Adventurer: Everything's a blur!

Adventurer: I feel like I'm in a race car!

Adventurer: I've never gone this fast in my life!

SFX slowing down coming to a stop and ending an email notification sound.

Connie: (as if dizzy) Wooo, that was a bit fast gang.

Customers: You're telling me Etc.

Ada: Have we arrived?

Cyril: Well, we are definitely on a laptop...listen.

SFX knock knock on glass

Connie: Is it the Mayors? Take a look everybody!

SFX footsteps running forward then loads of noses smearing on the glass

Ada: Yes, it is, I can see her.

John Og: She's opening the email.

Kenny: Get ready everyone.

SFX opening the document.

Mayor:	Oh, wow	/ this digital	scrap book	looks great.
- / -	- , -			

Christine: Ok shout and wave everyone, let's get her attention.

Mayor: Oh, what's going on? Is there something moving on it? Connie is that you?

SFX chipmunk voices of the gang with Connie

Mayor: I can't hear you very well Connie, why are you inside the digital scrapbook? You're due on stage soon!

- Connie: Oh no everyone, what am I going to do? She can't hear us; we're going to be stuck in cyber space forever. I'll miss the event too, it's probably for the best anyway, I can't be inspirational, who was I kidding. I haven't got anything to say.
- Ada: (leading) Connie, that is a negative mindset, think about the amazing stories of the women you have met and all of my magic affirmations you collected...
- Connie: Of course, the affirmations! We have loads more now, I bet they can get us out of here! Let's say them everyone.

SFX magical power that's growing to underscore the affirmations

Steve:	'Walk in my shoes, run in my wake'
Keith:	'I am fearless – Infinitely brave!'
Linda:	'Be proud of who you are'
Pauline:	'Rise to it, you'll love it'
Connie:	'My brain is my superpower! No one can stand in my way'
Ada:	'It's important to use my voice! I will be heard!'
Connie:	Somethings happening, I can feel myself starting to leave the screen, but it's not enough!
Ada:	Adventurers we need your help, add your own affirmations to help
	us.
SFX Ding	
Adventurer:	Everyone is different but equal!

- Adventurer: Be resilient and try, try again
- Adventurer: There is no such think as impossible

Adventurer: Girls are brave!

Connie: It's working, were leaving, were leaving the screen!

SFX magical power as the page turning and them landing in the Mayor's office.

- Connie: We did it, thanks Adventurers, your voices were the last bit of power we needed.
- Mayor: Hello Connie, hello everyone, I'm so glad you managed to get out of my computer in time, those affirmations sounded wonderful. Do you have your song ready Connie? You're on stage next.
- Connie: Not yet Madame Mayor, I'm sorry to let you down, I got us all stuck in the scrapbook, which isn't very inspirational behaviour. It's probably best I forget about using my voice, no one will care what I've got to say anyway.
- Mayor: That's not true Connie, girls, and boys from all over the world care about what you have to say.
- Ada: You take us all on wonderful adventures and we all learn so much together.
- Pauline: I's time to believe in yourself Connie.
- Connie: Maybe I could use the inspiration of all the great women I met in the scrapbook, what do you think?
- Ada: I think you can do this Connie.
- Mayor: And closing the event with a song, please welcome to the stage Connie from the Armchair Adventures travel agency!

SFX Connie's footsteps walking out on to stage, light formal applause.

Music: Nothing's Gonna Ever Keep You Down

SFX cheering and applause

Ada: You did it, well done Connie!

Connie: I couldn't have done it without your scrap book and the amazing women we met, thanks for sharing it with me.

Ada: No problem at all, Connie.

Connie: Thanks for encouraging me too, Madame Mayor.

Mayor: My pleasure Connie, it's the reason why I wanted to host my 'Inspirational Local Women' event. I think it's important to celebrate the achievements of our fellow woman so we can inspire the next generation of girls to do even greater things! Now shall we have a cup of tea in my parlour?

Connie/customers: Yes please etc.

SFX heavy door opening

Anne:	Oooh it's so grand in here.
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Pauline: All the portraits of past Mayors in gold frames really give it a sense of history.

Ada: We have a favour to ask you too Madam Mayor, would you be the latest addition to my Girl power scrap book? We'd love to hear about some of your inspirational moments.

Mayor: Absolutely, I have a little scrapbook of my own actually...

SFX walking, getting scrapbook and then scrapbook opening.

Pauline:	I love the cover photograph of you becoming the first Ethnic
	minority, Muslim Mayor and justice of the peace for our local area.

Connie: Such a great achievement, and another great first just like Ada Summers back in the Edwardian era.

Mayor: Indeed Connie.

SFX Turning the page.

Mayor:	Here's a picture of me as a teenager becoming the youngest
	school governor in England at my old primary school. A governor is
	someone who helps oversee a school.

- Connie: Wow, that's such a big thing to do at a young age, what inspired you to do it?
- Mayor: Well, I grew up in one of the poorest neighbourhoods in the country, but the kindness and generosity of the community I lived in really inspired me. Seeing this I knew I wanted to dedicate my life to helping others.
- Linda: A strong sense of community is so important.

Lynda: What a lovely outlook to have.

SFX turning the page.

Mayor: Thank you, it's what made me want to become a councillor where I grew up, and then a mayor here, in our local area.

It's so important Connie, women from all walks of life deserve the same opportunities as men, so we must empower each other to keep making change.

Connie: Definitely, I've learnt so much on my adventure and from chatting with you today, I can't believe I used to think what I had to say didn't matter. From now on I'm always going to speak up and follow my dreams, girls can do anything!

Customers gusto of agreement

Connie: And now it's time to say goodbye.

The adventures say goodbye.

The customers all say goodbye.

Connie: End. Call. Now.

SFX phone down

Connie: Lovely.

Music: Armchair Adventures Theme

Ian: This episode was produced in collaboration with Tameside Council and funded by Historic England's 'Know Your Neighbourhood' fund. With special thanks to the Mayor of Tameside Cllr Sharif and Stacey Copeland.