

The Biggest Obstacle Course on Earth Adventure!

Part 2

Music: Armchair Adventures theme tune begins

Connie: Welcome to the Armchair Adventures Travel Agency, journeys of the imagination. I'm Head Travel Agent and Host, Connie!

On an Armchair Adventure

You can go anywhere you like

On an Armchair Adventure

Imaginations fly!

Connie: Welcome back to part two of the biggest obstacle course on earth adventure! The voices of this episode's join-in adventurers are...

Children saying their names

Connie: Hi Everyone!

Children: **Hi Connie!**

Connie: So last time we saw you, I wasn't doing so well in the obstacle course race, I told the gang I hate sports and exercise so I knew it would be a disaster...and it was! I got stuck in a tunnel of mud! All of my lovely customers came to help me but we all ended up falling into a giant puddle of mud when they came to heave-ho me out!

SFX of the giant pop

We got absolutely covered in it! My Uncle Chris got the worst of it! We splashed him so badly he looked like a mud monster!

Christine: So now we're just trying to get clean with these jet washes.

SFX jet wash and splashing sounds and hubbub from the gang as they try and get rid of all the mud

Gang: You've missed a bit, give us a hand love, help I've stiffened up! I can't move my arms! Etc.

Steve: Right hold still Connie, water jet coming at you!

SFX big jet of water

Connie: Thanks Steve! You too adventurers pretend to jet-wash all that mud off each other...

SFX Ding

SFX jet wash and laughter

Children's responses- haha you missed a bit! Take that!

Cyril: Watch out Lily that jet washer is on full blast!

Connie: Careful Lily! Run for it Cyril!

SFX huge water cannon blast

Cyril: Ayeeeeeeee! Toooooooooo late!

SFX of Cyril screaming as if flying through the air and splatting on the ground

Lily: Whoops!

Connie: I was definitely all for giving up and going home, but then all the gang said they would be my team mates and do the race with me but I'm still not sure about that.

Linda: That's exactly what we are going to do. Go team!

Gang: Go team!

Connie: How will we ever do it gang?

Steve: We're going to use our imaginations of course!

Pauline: Just like in all our other adventures.

Christine: Our imagination will help us win the race.

Connie: Why didn't I think of that? This sounds more like me. There is one *big* problem though... (a bit whiney) I still have to do the awful, massive, giant, super difficult, biggest obstacle course on earth!!!

Gang: Come on Connie, it's going to be great working together, we're a team now!

Steve: Exactly gang! And now we're all clean and not so stuck in the mud...

Cyril: ...Let's get to the next obstacle in the race!

Steve: ...And try and catch up to the other 9 contestants!

Connie: Hold your horse's gang, if we're a team, we're going to need a name. What do we think everyone?

Gang: (offering various names) Blood, Sweat & Armchairs, Who Dares Wins, The Positive People, Team Tough, Dungeon Exterminators, The Mucky Dogs, The Undefeatables...

Connie: What do you think our team should be called adventurers?

SFX Ding

Children's responses

Connie: 'Team Imagination,' ah I Love that one! Let's go for that. I hope you're all sure about racing with me gang!

Ada: As sure as sure can be!

Connie: Then let's go 'Team Imagination!' Where's Uncle Chris when you need him!? What's next Uncle Chris!

SFX Sports show theme

Unc. Chris: (As if still solidified in mud) Hello and welcome back everyone! Would you pass the jet wash? I'm still covered in mud from part one! And it's dried solid! I'm still as a statue! It's quite hard to talk!

Connie: We can do better than that! Grab onto one each gang. Let's blast Uncle Chris clean!

Christine: You too adventurers! Grab a jet wash and pretend to blast Uncle Chris!

SFX Ding

SFX big water blast

Unc. Chris: Arrghh, trying to talk through the water etc.

SFX dripping water

Unc. Chris: Ah thanks for that everyone, so refreshing! Up next are the leaping posts! A long stretch of tall posts you have to jump across one by one. But watch you don't fall or you're straight into a pool of ice-cold water!

Steve: It's time to put our imaginations into action! Let's pretend they're lily pads!

Pat: Yes! And we are all giant frogs ready to hop and bounce to the end!

SFX magic twinkling sound followed by swamp/pond, frogs ribbiting etc as if we have been transported to that imaginary place

Pauline: Wow I'm completely green!

Cyril: Just call me Kermit!

SFX more boing sounds to describe frogs jumping

Steve: This is so much fun! Look how high I can jump yippee!

Ronnie: I'm catching flies with my long tongue!

SFX slurp sound to describe frog's tongue

Keith: Look at all those beautiful flowers.

Cyril: They smell so nice as you leap past them! Woooohooo!

SFX more boing sounds to describe frogs jumping

Pat: Right gang, it's time to bounce on these lily pads, last one to the end is a rotten egg!

SFX big bounce sound

Connie: Woah! This is fun! Look at my big webbed feet! Eeek but I feel like I might fall into the water everyone! These lily pads aren't as tough as you think.

SFX wobbling

Steve: Don't overthink it, Connie! follow me and the gang!

Christine: Just jump off and onto the next quickly like this... Weeeee!

SFX 3 boings in quick succession

Connie: Yes, I see now! More bounce, less think! Come on adventurers, let's all pretend to be frogs and jump across these giant lily pads!

SFX Ding

SFX of bouncing sounds intercut with the children's audio

Children's responses- Yippee! Ribbit ribbit? What did you say? Ribbit!

Unc. Chris: Here we go adventurers! Connie and the gang are now at the beginning of the leaping posts! How are they ever going to...wow! This is unbelievable! They are leaping away and clearing it with ease! How are they doing it!?

SFX boings, ribbit, etc.

Gang: Weeeeeee! Hey Connie check out my bounce! Ribbit ribbit! Hey watch this!

SFX crowd cheering and general sports stadium sounds

Unc. Chris: What a turn of events! Connie and the gang have overtaken some of the racers and leaped up the leader board to take 5th place!

SFX stop

Connie: Before we carry on with our journey of the imagination, here's another podcast that I love to listen to and you might too. It's called 'Super Great Kids stories!

PROMO SWAP

Connie: Now let's get back to the action adventurers! (As if raring to go) And see what obstacle we are going to use our imagination on next.

SFX crowd cheering and general sports stadium sounds

Connie: Wow that was amazing gang! Thanks so much for your help getting through those lily pads.

Ada: No problem!

Steve: It's all part of being a team.

Linda: We get through it together.

Connie: Let's do our champion warrior stance gang!

Steve: Right you are Connie. I put my hands on my hips and do a mean face!

Gang: Roaaar!

Ada: I put both arms in the air like I'm winning a race!

Gang: Roaaar!

Connie: I've got two fists in front of me like I mean business!

Gang: Raaaaaahh!!

Connie: What about you adventurer, can you describe your warrior stance?

SFX Ding

Children's responses

Connie: Now give us a big warrior roar adventurers? One, two, three...!

Children's responses – RAAAHHHHHH

Connie: Thanks everyone, I'm ready for anything now! What's next?

Unc. Chris: Connie and her team are racing to the next obstacle - The Monkey Business Bars! Will they be able to carry on up the leaderboard and swing their way through 100 meters of swinging hoops?

SFX general stadium sounds

Connie: Right team, I can just see the front runners up ahead. What shall we make happen this time to get us across and into the lead?

John R: We could have magic gloves!

SFX Magic twinkling sound

Ronnie: Or pretend to be Tarzan! (Tarzan shout) Oooooh ohhh ohhhh!

SFX of classic Tarzan ooh ohh ohh with chest thumping

Pat: We could be superheroes!

Music: A brief blast of hero music

Pauline: Babsy wonder woman!

Pat: I'll be calamity Sue!

Kenny: Maybe there's treasure at the end!

SFX sparkling gold sound

Keith: GOLD!

Connie: So many good ideas everyone.

Ada: What should we do Connie?

Pat: How do we choose?

John R: We'll never get across at this rate!

Connie: Don't worry team we've got this. Let's use all of them! We can pretend it's a video game and we are all superheroes and put on our magic gloves, collect all the hoops as we swing through until we get to the treasure at the end!

Steve: Right, you are Captain Connie!

Connie: Captain Connie, I like that coach Steve.

Cyril: But watch out for the snapping crocodiles below!

SFX dangerous snapping crocodiles

Keith: Ohhh! Whose idea were those?

Pat: No fun without a bit of danger.

Anne: Right then let's go for it.

Linda: Hang tough everyone!

Connie: Pick your superhero and power up 'Team Imagination', gloves on!

SFX of magic gloves being put on, computer game music to underscore, lots of swings computer game type sound effects of collecting rings

Gang: Yahooooooooo! I'm loving this! I'm going to collect more golden rings than you lot put together! You're all fuzzy! It's because I'm a computer game character! Come on Connie, I'll race you!

Cyril: Ooohhh I'm not used to this I'm going all over the place! That crocodile nearly had me!

Connie: Don't worry Cyril, hold my hand, and Pauline you get Cyril's other hand.

Pauline: Great idea, we'll do this together!

Cyril: Thanks team!

SFX whooshing and coin collecting

Connie: What's in your imagination as you work your way across the monkey business bars adventurer?

SFX Ding

Children's responses

Unc. Chris: Am I really seeing this adventurers!? Connie and her team are soaring through this challenge! They look so graceful swinging through the air! No one would think they had a collective age of over 1000!

Gang: Less of that cheeky!

Unc. Chris: Wow! This must be the biggest comeback in history! Connie and her team have taken the lead. I'd say I'm lost for words, but let's face it I never am! The crowd are going wild!!!

SFX Cheers from the crowd

But don't celebrate too soon everyone, they have finally arrived at the last obstacle. Dead in their tracks, in front of the mighty, the huge, the terrifying 'WALLLLL OF DOOOOOOOM!' Don't hurt your necks trying to see the top of it!

SFX wind whipping, atmosphere of being in front of a massive obstacle

Connie: Right 'Team Imagination', let's take this wall! Imagination engage! Steve you said you've climbed Everest in your imagination, so that's exactly what I'm going to do!

SFX Music underscore

Turbo climbing boots GO!

SFX transforming boots sound

Magical pick axe GO!

SFX magic sound

Super duper warm but flexible expedition suit GO!

SFX loads of clothes zipping and going on – ending with a magical sound

Everest just try and stop me! I'm Captain Connie, expedition hero and I'm ready to magic axe my way to the top!

SFX Connie climbing magically to the top, pick axe sounds, wind etc.

Unc. Chris: I cannot believe my eyes here at the biggest obstacle course on earth adventurers! Connie seems to be having no problem scaling this wall! She looks like a mountain climbing spider, scurrying her way to the top! How on earth has she done it!? Incredible!! She is literally meters away from the finish line and first place!

Connie: And just like that we're at the top! Team? Are you with me...team?!

The following section should be spoken as if shouting up and down to each other off the giant wall:

Connie: Why aren't you following me up gang, what's happened?

Steve: Don't worry about us Connie! You just get going and win the race!

Gang: Yes, go on! You can do it! Don't mind us! We will just wait down here!

End of shouting style from above

Connie: Oh, I don't know what to do! I've always been last in sports! Last to get picked, never won anything. And I'm actually enjoying it! I'm so close now...I could actually do this! Imagine everyone's face when I'm showing off my shiny medal... First place!! Arrgh what shall I do...I had so much fun with everyone... I really couldn't have done it without them, they supported me when I felt hopeless, encouraged me, not to mention that working together as a team was the most fun part! Buuuuut if I just run a few more metres, I've done it, I'd be a champion!

Song

Connie: Hang tough 'Team Imagination' I'm coming for you!

SFX of Connie coming down the wall, gasps of excited disbelief from the crowd

Unc. Chris: What is going on! This race has more twists and turns than a tangled shoelace! Connie is heading back down the wall and down to the bottom of the leaderboard!

SFX stadium crowd

Pat: Connie what are you doing!?

Connie: I realised the best bit about this whole experience was having fun and using our imagination as a team.

Steve: But you haven't won anything before...

Christine: And you could have taken the gold!

Connie: I don't care about winning gang, I've realised that I can enjoy exercise in my own way. I'd take pretending to be a frog to get moving over winning any day. And being part of 'Team Imagination', has shown me that's how I love to exercise, as part of an amazing team, like us!

Gang: Aww Connie, that's lovely, glad you enjoyed it

Steve: That's the spirit Connie!

Pauline: How are we getting up this one then Connie? What will take us to the top?

Connie: Well, Steve has been the best coach ever and he was telling me about how he climbs Everest in his imagination. So, I took a leaf out of his book and did that!

Steve: Woah! You climbed Everest too!

Connie: Well...I might have given it a Connie spin... I transformed myself into Captain Connie, expedition hero with magic boots, pick axe and climbing suit!

Gang: Oooh sounds brilliant! Let's all have a go! Can't wait to try the magic axe!

Connie: Come on everyone! Let's climb! You too adventurers suit up and let's show this mountain who's boss!

SFX Ding

Children's responses – my magic boots help me grip and run faster! I've got magic goggles to help me look at for approaching danger!

SFX scene changing to the imagination, lots of magic pick axe sounds and climbing. Atmos of Everest, wind etc.

Pauline: Woah, this mountain is so rocky!

Christine: Watch out for the snowstorm!

SFX of a yeti roaring

Ronnie: Oh no it's a snow monster!

Gang: Arrrghhhh!!! Go go go! Climb!

Connie: We're almost there gang hold on to my incredible expedition rope and let's go one by one as a team!

SFX the gang making it to the top boots crunching, heavy breathing etc.

Gang: We're here! We finally made it to the top!

Unc. Chris: ...And just arriving in last place is Connie and her team! Hello Connie, that was an incredible race full of highs and lows, I felt like I'd climbed Everest and I was only watching! However, you all seem in good spirits considering you just finished in last place.

Connie: The thing is Uncle Chris, I've learnt that I don't actually care about winning, I loved being part of a team and using my imagination to enjoy exercise! I never thought it could be this fun! And even though I've just finished a big adventure I feel full of energy!

Steve: It's been great for me and the gang too! Goodbye aches and pains!

Pat: I definitely feel better for having joined in!

Steve: It's been a right laugh too!

Connie: It certainly has everyone; I can't believe I'm saying this but I've really enjoyed myself!!

Steve: So, how are you feeling about sports day now Connie?

Connie: I'm going to do it Steve. I think I'll have so much fun on a team with my friends, I'm already imagining what some of the events could be!

Steve: Like a high jump over an elephant?

Connie: Or big springs in my shoes for the long jump

Steve: A superhero cape to fly you to gold in the relay race

Connie: Thanks for being such a great coach Steve! I couldn't have done it without you!

Steve: My pleasure Connie!

Connie: And you gang, 'Team Imagination' for the win! See you next time everyone!

Gang: Goodbyes...

Connie: End call now, lovely!

Outro from Connie:

Before you go adventurer why don't you get moving with your grandparents and friends too! Imagine your own obstacles together and see what weird and wonderful ways you can think up to get past them!

Music: Armchair Adventure Theme Song

Credits:

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