



## ARMCHAIR ADVENTURES

### A Cruise Ship Adventure (Transcript)

#### Scene 1

Connie: Hi guys, welcome to Armchair Adventures, a fun interactive podcast for children, hosted by me, Connie.

*Music - Armchair Adventure Theme Song:*

*On an armchair adventure, you can go anywhere you like,*

*On an armchair adventure, imaginations fly.*

Connie: Remember that digital city award, well...we won! Thanks to all you adventurers, we couldn't have done it without you!

*SFX – Applause/cheering*

In this episode we are going on an Armchair Adventure with...drum roll please... Cyril and Lily. Say, hello Cyril. Say hello, Lily.

Cyril: Hello.... everybody!

Lily: Hello.

Connie: How are you both?

Cyril: Not too bad.

Connie: What've you been up to?

Cyril: Not a lot. We've been watching the birds in our garden.

Lily: We've got a birdfeeder.

Cyril: We're waiting for a parakeet – we've heard there are some around here... We've not seen one for ourselves yet, though.

*Connie yawns.*

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Cyril: Sorry, birdwatching must sound a bit boring.

Connie: Oh no, it's not that – I promise. I just haven't been sleeping very well lately...

Lily: Oh dear.

Cyril: I know that feeling.

Connie: When I'm downstairs, I'm shattered but as soon as I get into bed, I'm wide awake with my brain whirring a hundred miles an hour. I don't know what's wrong with me.

Cyril: It can be hard to switch off and get a proper rest.

Connie: It feels like all my worries have been lurking at the back of my brain all day, waiting for the lights to go down before jumping out.

Cyril: You know, I sometimes wish we could just fly away from it all, like the birds in our garden.

Connie: Well, that's what I'm here for! Let's get the rest of the gang on the line and we'll see if we can find you the perfect getaway...

*Music - Armchair Adventure Theme (instrumental only)*

Connie: I have all my lovely customers on a conference call now ready to take part. Say hi everyone...

Ensemble: (different hellos)

Lilly: Hello everybody.

Connie: We've been talking about how much Lily and Cyril would like to get away from it all: somewhere they can switch their worries off, relax and have fun. We thought you might have some ideas about where they could jet away too....

Pauline: What kind of thing are you after?

Lily: I don't know, really.

Cyril: We're up for anything.

Hazel: How about a relaxing spa break?

*SFX – relaxing, meditation music, splashing water*

Rita: Or a shopping spree where you can really splash out...

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*SFX – shopping mall, till, bags*

Barry: Or how about an activity holiday where you learn a new sport?

*SFX – team sport shouting, out of breath*

Carla: Or you could treat yourselves to a show, something spectacular, like a cabaret or the circus...

*SFX – circus*

Linda: Or how about a bit of site-seeing?

*SFX – snapping of cameras, hustle and bustle of busy city.*

Cyril: Wait a minute, we've already been on a holiday that had all those things: the cruise! Remember, Lily?

Lily: They had everything.

Cyril: There was entertainment, and activities, you could spend the days sightseeing and the nights, eating, drinking and being entertained...

Lily: They had a spa...

Cyril: Exercise classes, restaurants, shops, even a trapeze artist...

Connie: That all sounds amazing.... Why don't we go on a cruise ship adventure?

Kenny: I've always wanted to go on a cruise.

Pat: Sounds great.

Barry: I love boats, when I was a kid, I used to love watching the boats on Stamford Park Boating Lake.

Ronnie: I think this boat will be a bit bigger than that.

Cyril: The cruise ship we went on was ginormous.

Connie: Come on then, let's get ready. I've never been on a cruise before, so you'll have to help me - what do you think we should wear?

Barry: When we watched the boats at Stamford Park, I had a lovely little sailor suit.

Ronnie: I've always wanted to dress up as a pirate.

Keith: I'm coming prepared in my sowester and galoshes with my yellow wellies.

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Anne: I like the sound of all the restaurants and entertainment, so, I'm going to get glammed up, in a long, floaty dress that makes me feel like Cinderella.

Pauline: Oh, I like the sound of that. I'm going to wear a long, glittery gown, sequins, tiara and long gloves.

Hazel: Me too, with gorgeous dangly earrings that tinkle as you move.

Lily: Very nice.

Connie: What about you Lily? What are you wearing for the cruise?

Lily: A long, flowy dress.

Ken: I've got my spinning dickie bow and light-up socks.

Cyril: I'm getting dressed up smart too: a frilly shirt, a dicky bow and my black patent dance shoes: polished until they shine.

Keith: Dance shoes? What if your feet get wet? You'll need wellies.

Chris: No chance – I'm going to wear beautiful Ruby red slippers, just like Dorothy in the Wizard of Oz when she went on her adventure.

Connie: What about you adventurer at home? Can you get yourself all dressed up for our cruise ship adventure? Get all dressed up and give us a twirl!

*SFX - Ding*

Ros: Wow!

Linda: Everyone looks amazing.

Lynda: Fabulous.

John O: What are we waiting for, then? Come on Connie, let's go.

Connie: Actually, I think you should go without me.

John: What?

Lynda: We can't do that.

Connie: You all look so special. And I don't feel special at all. I feel tired and grumpy and miserable. You heard me: yawning my head off earlier...You'll have me more fun if I'm not there.

Cyril: We can't go without you!

Lily: Please come.

Rita: Come on Connie – it's not like walking the plank.

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Ros: You'll enjoy it when you get there.

Cyril: I tell you what, Connie, seeing as you're so tired, how about before we explore the ship, we have a nice bite to eat in one of the restaurants?

Kenny: That's a good idea.

Lynda: Get some fuel inside you.

Rita: You'll feel better then...

*Music – Armchair Adventures (Instrumental) slowly fades in*

Connie: Oh, all right – thanks guys. Let's go on an armchair adventure to the cruise ship of our dreams.

**Scene 2.**

*Music slowly fades out as sfx of the harbour fade in. Sounds of people boarding the ship, lots of hustle and bustle.*

*The gang arrive at the harbour, ready to board the cruise ship.*

Barry: Wow, this ship really is bigger than the boats at Stamford Park.

Jean: Just look at it.

John: It's enormous.

Rita: 25 floors.

Pauline: And look at all those windows – I wonder whose job it is to clean them.

Hazel: What's this ship called?

Barry: The there and back – hopefully.

Cyril: This ship is called The Dream Maker.

*SFX The ships horn sounds*

Lily: All aboard.

*SFX walking towards the ship*

Hazel: I feel so small next to it. It's a bit overwhelming.

Carla: But exciting.

Keith: And what a beautiful day for it.

Anne: Sun shining.

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Ros: Sea breeze.

*SFX Brass Band plays*

Chris: Listen, there's a brass band playing to welcome us aboard. I feel so special. Look – everyone's waving to us from the harbour!

*SFX The ships horn sounds again*

Ensemble: Bye / Cheerio / Bon voyage!

Pat: Oh, look posters – advertising all the entertainment aboard. A roaring twenties night – that sounds good.

Ros: I like the look of Spanish night.

Cyril: Karaoke.

Pauline: Caribbean night.

John: And look – there's an Elvis impersonator performing later.

Jean: So, where to first?

Keith: Did someone say something about dinner?

Cyril: Let's head to the dining room: this way.

*SFX footsteps walking towards the dining room.*

*SFX to show the change of location (clinking of cutlery, chit-chat etc); the gang have arrived in the dining room of the cruise ship. A tannoy announcement: 'dinner is served'.*

Rita: This dining room is enormous.

Ros: It's gorgeous.

Chris: Look at that chandelier.

Pat: Everyone looks so glamorous.

John O: Someone's coming over, who's that?

Cyril: It's the Captain!

Captain: Good evening. Can I just say how extraordinary you all look?

Anne: Thank-you, very kind.

Keith: *(Whispering)* That'll be my yellow wellies.

Captain: Would you do me the honour of joining me for dinner?

Chris: The Captain's table.

Pauline: How exciting!

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Hazel: I've never sat at the captain's table before.  
Connie: What's on the menu?  
Cyril: Whatever you fancy!  
Hazel: A chocolate fountain...  
Pauline: You can dip in strawberries, marshmallows, mini donuts...  
Hazel: Never mind that, I'm sticking my head straight under...  
Ensemble: Glugging, slurping chocolate.  
Hazel: Adventurer at home, why don't you try? Slurp the delicious chocolate...

*SFX DING*

Connie: What else can we eat?  
Anne: I fancy some nice paella.  
Cyril: Caviar for me.  
Connie: Very fancy! What about you, Lily?  
Lily: A proper breakfast.  
Chris: Ooh yeah, with sausages from all around the world.  
Ronnie: A nice bit of black pudding...  
Chris: Crisps of every flavour.  
Pauline: A wibbly, wobbly jelly...  
Jean: This is the happiest feast I've ever seen, even the fish fingers are dancing!  
Connie: What about you adventurers at home? If you could eat absolutely anything at a fantastical feast at the Captain's Table, what would you have?

*SFX DING*

Ken: It's not a proper party without bubbly fizzy drinks...  
Hazel: Let's open the champagne.

*SFX Corks popping*

Pat: I've never eaten anything quite like this before.  
Chris: Delicious.  
Kenny: I'm stuffed.

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Jean: I couldn't eat another bite.

Carla: So, what's next?

John: Right, let's explore!

Connie: I'm sorry guys, it really was an amazing meal. But I'm not sure I've got enough energy to explore...

Lily: You do look tired.

Carla: What you need is a power nap.

Cyril: Good idea. A little lie down before the fun really starts.

Lynda: We just need to find our cabins first...

Linda: Which way shall we go?

Jean: This ship is so huge...

Pat: There are so many doors...

Barry: And they all look the same...

Kenny: What about this way?

Ros: This looks like our cabin.

*SFX A door opens*

*SFX A gust of steam*

Carla: It's very steamy.

Chris: Do you think someone left the hot taps running?

Keith: I can't see anything, where's the light switch?

Anne: There's a switch here... Shall I press it?

*SFX They flip the switch.*

*SFX A washing machine whirs into action.*

*SFX Gurgling water and bubbles.*

Carla: I don't think that switch was the light switch!

Rita: Where are we?

Carla: What are all those bubbles?

Cyril: This isn't our cabin – it's the ship's laundry room!

Anne: We've turned everything on by accident - the washing machines are going mad.



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Linda: There are soapy bubbles everywhere...

Connie: Adventurer, can you help us pop some bubbles before they fill the whole ship?

*SFX DING*

*Ensemble popping bubbles*

Barry: It's so steamy I can hardly see...

Hazel: Is that an octopus folding washing?

Pauline: And an electric eel doing the ironing?

Jean: This ship really does have it all.

Chris: But what we want is a rest, not to put to work in the laundry.

Hazel: Even if it means folding sheets with an octopus.

Carla: I need a lie down myself now.

John O: Come on, let's get back to searching for the cabin.

John: This way.

*SFX Footsteps going upstairs, change sound to show we are outside, odd splash of waves, birds...*

Kenny: Where are we?

Cyril: We're up on the deck.

Ronnie: I can see right out to sea.

Pauline: What a beautiful view.

*SFX Music*

Pat: What's that music?

Anne: They're having a dance class on the ship's deck.

Keith: Perfect place for it.

Pat: Cyril, you've got your dancing shoes on haven't you? Why don't you show them some moves?

Cyril: All right then, let's dance.

Pat: You know me, I'll never turn down a dance.

Rita: I never imagined I'd be dancing on the deck of a ship.

Connie: And you adventurer, why don't you join Cyril for a dance on the deck of the ship?

*SFX DING*

*SFX Music goes up a bit and we hear footsteps of the gang dancing*

Cyril: But Connie, why aren't you dancing?

Connie: I'm sorry, I'd usually love all this but I'm just too tired to relax and enjoy it...

Carla: Let's keep looking for the cabin.

Chris: You really need that rest.

Pauline: Come on, down here.

*SFX footsteps*

John O: One of these doors has got to be our cabin.

*SFX several doors being opened and closed*

Keith: Nope, not this one.

Anne: Why? What's in there?

Cyril: Sharks playing cards.

Ken: Something fishy is going on aboard this ship. Let's try the next door.

*SFX A door opens.*

*SFX Swords clashing.*

Ronnie: Pirates fighting.

Jean: They're coming this way.

Barry: They've seen your pirate costume, Ronnie.

Jean: They think you're here to fight.

Ronnie: Let me at them!

Connie: Adventurer, draw your swords – we might need you.

*SFX Ding*

*SFX of clashing swords.*

Anne: Quick, shut the door!

Ronnie: I nearly had them, then.

Connie: We're never going to find our cabin at this rate!

Cyril: Don't worry Connie, we'll find the cabin eventually.

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Lily: Down this corridor.

*SFX Footsteps*

Pat: What's behind the next door?

*SFX Another door opening*

*A voice that sounds a lot like Elvis says, 'thank-you, thank-you very much'*

Rita: Oh, it's that Elvis impersonator.

Jean: I don't think that was an impersonator...

Keith: We haven't got time for this.

Anne: Next door.

*SFX another door opening.*

*SFX An orchestra warming up*

Pauline: An orchestra warming up.

Jean: But it looked to me like the instruments were playing themselves.

Keith: Next door.

Anne: Try again.

*SFX A Door opening.*

*SFX A giant's booming voice, 'fee, fi, fo, fum'.*

John: This ship really is big, that's not our cabin – it's a giant's. I saw a gigantic beanstalk in there too.

Carla: What's in the next door?

*SFX Another door*

*SFX A gust of arctic wind*

Jean: The frozen artic

Rita: Next door

*SFX Another door*

*SFX Jungle sounds*

Keith: The jungle

Anne: We're never going to find our cabin at this rate.

Carla: Hey adventurer, can you help?

Jean: It'll be quicker with you searching too...

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Chris: Can you open a door on this extraordinary ship?

Pauline: What weird and wonderful things are hiding behind it?

*SFX Ding*

Connie: Careful, some of these doors are dangerous! Thanks for trying but I just can't see us ever finding the cabin, it's hopeless.

Lily: Don't give up, Connie.

Cyril: Let's try up these stairs. Maybe our cabin is on the next floor up.

*SFX the gang walking upstairs then a door opening*

Captain: Who's there? Oh, it's you again.

Cyril: Sorry, Captain – we didn't see the crew only sign.

Captain: I'm actually really glad to see you. The ship is entering choppy waters and it's all hands to the deck... Ever steered a ship before?

Barry: Does a pedalo count?

Captain: We need to navigate to the calmest water we can find.

*SFX Crashing waves*

Anne: The waves are getting really wild now.

Jean: The waves are so strong I can hardly stand.

Linda: The wind is blowing us about all over the place.

Keith: I bet you all wish you had some wet weather protection now, water everywhere! I'm glad I've got my galoshes.

Anne: My beautiful dress is sodden!

Kenny: Will the ship capsize?

Captain: Don't worry – a ship like this is designed to handle rough weather.

Hazel: What can we do to help?

Captain: Someone check the navigation equipment, which way should we go to find calmer waters?

*SFX Pressing computer keyboard*

Cyril: Looks like calmer water ahead.

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Connie: Adventurers, can you help? Imagine you're on board a giant ship during a storm. Keep a close eye on the equipment so we know which way to go.

*SFX DING*

Lynda: It looks calmer this way.

Linda: The storm is subsiding.

*SFX The stormy winds dying down*

Captain: Thank-you for all your help. It can feel terrifying when you're caught in the storm – but the important thing is to keep calm: focus on finding stiller waters.

Cyril: It's quite the view from up here on the bridge of the ship.

Carla: The sea is so vast and so beautiful.

Ros: I could watch these waves forever.

Rita: Was that a dolphin?

*SFX Calm waves, seagulls – a beautiful day on sea*

Barry: And look there are those pirates from earlier, they've abandoned ship.

Ronnie: Told you I'd see them off.

Kenny: I think a mermaid just waved at me.

Linda: Anything feels possible when you look out to sea.

Lynda: It's immense.

Chris: Endless.

*Music - Cyril starts to sing a sea shanty – about the magic and mystery of the waves.*

Cyril: Right then, Connie- now the ship is steady, let's find that cabin, so you can finally have that nap.

*But there is a soft snoring sound from Connie...*

Lily: She's asleep.

Pauline: It must be the calm waves

Keith: And your singing Cyril

Anne: Shall we wake her up to find the cabin?

Lily: Let her rest.

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Ros: I wonder what she's dreaming about?

*Music - Cyril's Sea Shanty continues – this time with Connie, joining in*

Connie: Where am I?

Cyril: We're still aboard the ship. You fell asleep.

Connie: I had the most wonderful dream... You were all there.

Lily: Better now?

Connie: Much, thank-you. I really needed that sleep. I was feeling sluggish and grumpy and just not good enough. That's why I didn't want to join you on the adventure – I feel really anti-social when I'm tired, like why would anyone want to be around me?

Cyril: It can be hard to feel good about yourself when you haven't had a good night's sleep.

Connie: I've been getting so stressed with school and everything that my brain's been in over-drive. And then, because I've not slept, I've been so tired all my worries have felt even bigger and harder to deal with... It's like a vicious circle.

Lily: That sounds hard.

Connie: But just being here in the fresh air, listening to the waves, let me switch off all those stressed-out thoughts and finally relax...

Cyril: You know, you can't always fall asleep on the deck of a ship, but you can recreate that relaxed feeling at home...

Lily: Plenty of fresh air can help.

Cyril: Or enjoying nature, like us watching the birds in the garden.

Anne: At bedtime, I like to get all cosy with a hot water bottle and a cup of cocoa.

Chris: Thinking happy thoughts helps me – picturing a place I feel happy and calm.

Barry: I like to empty my head of thoughts and just breathe.

Pauline: I keep a notebook and pen by my bed so I can write my worries down instead of letting them chase round and round my head.

Jean: It helps me to make sure I'm not looking at devices before bed: just switch it all off.

Connie: Thanks guys, I really appreciate your advice.

Cyril: Right well, I think it's time we were getting back home...

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Linda: As long as we don't get lost on the way!

Connie: Home? But I haven't given you an adventure yet! I promised you we'd see and do all this cool stuff aboard the ship and all you've done is help me find a cabin. I'm so sorry, I told you I shouldn't have come...

Lynda: You must be joking!

Carla: We've had the time of our lives.

Pauline: Seeing an octopus get tangled in the washing.

Ronnie: Sword fighting with pirates.

John: Discovering magical places behind hidden doors...

Cyril: It might not have been what we were planning, but you can't plan for everything. Sometimes you have to relax, go with the flow...

Lily: Ride the waves...

Connie: I'm going to try. Tonight, I'm switching all my devices off, having a lovely warm bubbly bath and then I'm going to lie in bed and picture sunshine, shimmering on a calm sea – and if the worries creep in, I'll let them just drift away.

Cyril: That sounds wonderful.

Connie: Thanks Cyril. Thanks Lily. Thanks everyone. You're the best customers a travel agent could ask for- thank you.

Cyril: Now to get back home.

Anne: Chris, are you still wearing those beautiful ruby red slippers?

Chris: They're a bit damp, but they still sparkle.

Anne: Well, then – let's all hold hands and click our heels and if we say 'there's no place like home', I bet we'll end up all cosy back in bed.

Cyril: Great idea, ready everyone?

Lily: Ready adventurers?

*SFX DING*

Ensemble: There's no place like home.

*SFX A magical, sound to take them home.*

Lily: Home sweet home.

Armchair Adventures - A Cruise Ship Adventure (Transcript)

Cyril: And in time to make a lovely bedtime drink. Sweet dreams everyone!

Connie: Next time adventurers, another one of my lovely customers gets to take us on another Armchair Adventure; inspired by their passions and interests, but for now, it's time to say goodbye. Goodbye.

Ensemble: Goodnight, buenas noches, Nightie-night, tuck yourself in, bonne-nuit, See you in the morning, sweet dreams etc

Cyril: Sleep well, Connie.

Lily: Sleep well, everyone.

Connie: End. Call. Now.

*SFX Sound of a click as Connie terminates the call.*

Connie: Ah... lovely. And that is the end of series 2. But don't worry, we'll be back with series 3 very soon! There's also loads of free activity packs for you to have a go at whilst we're away. Just go to our website [www.armchair-adventures.co.uk](http://www.armchair-adventures.co.uk)

We've also teamed up with Tameside libraries to do some Armchair Adventures themed workshops in the school holidays. Take a look at our website for more information and to book a place.

Love you guys!

*Music - Armchair Adventure Theme Song:*

*On an armchair adventure, you can go anywhere you like,*

*On an armchair adventure, imaginations fly.*